

Week	49	50	51	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22
<b>Monday</b>																								
8-9																								
9-11																								
11-12																								
12-13																								
13-15																								
15-16																								
<b>Tuesday</b>																								
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9-10																								
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<b>Wednesday</b>																								
9-10																								
10-11																								
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12-13																								
13-16																								
<b>Thursday</b>																								
8-10																								
10-12																								
12-13																								
13-14																								
14-15																								
15-16																								
<b>Friday</b>																								
9-10																								
10-12																								
12-13																								
13-14																								
14-15																								

= Gym available

= NOT available